

# Lycee Francais de Kuala Lumpur

WEEK FROM 13 MAY TO 17 MAY 2019					
1	MONDAY 13 MAY	TUESDAY 14 MAY	WED 15 MAY	THURSDAY 16 MAY	FRIDAY 17 MAY
<b>Starter</b>	Grated carrot and apple salad	Tomato and mozza salad	Salad of the days	Samossa	Carrot and sweet potato soup
	*****	*****	*****	*****	***** OR *****
<b>Western Lunch</b>	Beef ball with ratatouille Hashbrown	Roasted chicken "Pilaf " rice Tajine vegetable	Beef kefta with tzaziski sauce  Sauteed potato	Penne Bolognese Sauteed zucchini Green salad	Fish filet Braised with mushroom French fries Duo cauliflower/brocoli
	***** OR *****	***** OR *****	***** OR *****	***** OR *****	***** OR *****
<b>Asian Lunch</b>	Daging masak hitam Steam rice Sauted beansprout and vegetable	Beef Reedang Siam fried noodles Braised green bean and pumpkin	Rôti john Mix salad	Tomyam Fried rice Steam chicken Lady finger and carrot	Eggs curry Nasi lemak Sauteed mix vegetables
	*****	*****	*****	*****	*****
<b>Bof et dessert</b>	Emmental Vanilla yogurt	Edam cheese waterlemon	Cheese plate Fruits	Fruit yogurt Apple	Gouda Orange

\* All dishes are served with water and bread

\*\*Menu may change according to consignment"



# Lycee Francais de Kuala Lumpur

WEEK FROM 20 TO 24 MAY 2019					
2	MONDAY 20 MAY	TUESDAY 21 MAY	WEDNESDAY 22 MAY	THURSDAY 23 MAY	FRIDAY 24 MAY
<b>Starter</b>	Corn and cherry tomato salad	Beetroot and boiled eggs salad		Salad with spring roll	Creamy cauliflower soup
	*****	*****	*****	*****	*****
<b>Western Lunch</b>	Chicken sausage Wedges potato Roasted tomato with fresh thym	Lamb shepperd pie Grilled eggplant with cumin	Chicken hamburger Potato Coleslaw	Roasted beef with peppers Mixed vegetable Hashbrown	Fish and chips Cabbage with tomato and basil
<b>Asian Lunch</b>	**** OR **** Squid Tumeric Fried beehoon Mix Vegetable	**** OR **** Sweet sour Fish Steam Rice Tumeric Cabbage	**** OR **** Omellet Fried Rice Kampung Kailan	**** OR **** Chicken Masak Lemak Steam Rice Chinese Cabbage	**** OR **** Fried Noodle Egg Sambal Bean sprout with chive
<b>Bof et dessert</b>	***** Chocolat yogurt Honeydrew	***** Emmental Dragon fruit	***** Cheese plate Fruit	***** Edam Dragon fruit	***** Banana cake Papaya

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# Lycee Francais de Kuala Lumpur

WEEK FROM 27 TO 0131 MAY 2019					
3	MONDAY 27 MAY	TUESDAY 28 MAY	WED 29 MAY	THURSDAY 30 MAY	FRIDAY 31 MAY
<b>Starter</b>	Vegetable salad	'Niçoise" salad		Cheese puff pastry	Vegetable soup
	*****	*****	César salad	*****	*****
<b>Western Lunch</b>	Grilled chicken	Beef sauted with carrot and olive	*****	Chicken nuggets	Glazed fish filet
	Rice With Corn	Wedges potato	Chorizo omelette	Cheese pasta	Rice
	'Piperade basquaise"	Grilled corn	Steam potato with capsicum	Green peas with thyme	French green bean
	***** OR *****	***** OR *****	Grilled vegetable	***** OR *****	*****or*****
<b>Asian Lunch</b>	Phad Kra Pao(minced beef)	Fish With Ginger	Bulbogi beef	Bibimpap	Omellet
	Rice	fried Noodle	Kimchi		Fried Kuey Teow
	Long Bean With Carrot	Mix Vegetable	Fried eka noodles	*****	Thaimoi
	*****	*****	*****		*****
<b>Bof et dessert</b>	Peach yogurt	Gouda	Cheese plate	Fruit yogurt	Edam
	Pineapple	Marble cake	Fruit	Orange	Ice cream

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# Lycee Francais de Kuala Lumpur

	KINDERGARTEN MENU	WEEK FROM 13 TO 17 MAY 2019			
1	MONDAY 13 MAY	TUESDAY 14 MAY	WED 15 MAY	THURSDAY 16 MAY	FRIDAY 17 MAY
<b>Starter</b>	Grated carrot salad and apple	Tomato and mozza salad		Samossa	Carrot and sweet potato soup
	*****	*****		*****	*****
<b>Western Lunch</b>	Beef ball with ratatouille	Roasted chicken		Penne Bolognese	Fish filet Braised with mushroom
	Hashbrown	"Pilaf " rice		Sauteed zucchini	French fries
		Tajine vegetable		Green salad	Duo cauliflower/brocoli
	*****	*****		*****	*****
<b>Bof et dessert</b>	Emmental Vanilla yogurt	Edam cheese waterlemon		Fruit yogurt Apple	Gouda Orange

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	*****	*****		*****	*****
<b>Bof et dessert</b>	Chocolat yogurt Honeydrew	Emmental Dragon fruit		Edam Dragon fruit	Banana cake Papaya

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	Rice With Corn	Wedges potato		Cheese pasta	Rice
	'Piperade basquaise"	Grilled corn		Green peas with thyme	French green bean
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<b>Bof et dessert</b>	Peach yogurt	Gouda		Fruit yogurt	Edam
	Pineapple	Marble cake		Orange	Ice cream

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