



Lycée Français de
Kuala Lumpur
LFKL
Henri Fauconnier
LUNCH MENU



	MONDAY	T	V	D	E	G	TUESDAY	T	V	D	E	G	WEDNESDAY	T	V	D	E	G	THURSDAY	T	V	D	E	G	FRIDAY	T	V	D	E	G
STARTER	SALADE DE NEMS	●	✓			✓	SALADE DE BETTERAVE	●	✓			✓	SALADE DU JOUR	●	✓			✓	CREME DE TOMATE ET POIVRON	●	✓			✓	SALADE DE CONCOMBRE	●	✓			✓
							GRAINE DE TOURNESOL	●	✓																PATE	●	✓			✓
SALAD BAR							CAROTTE RAPEE	●	✓																OLIVE NOIRE	●	✓			✓
							POULET GRILLE	●	✓																PASTEQUE	●	✓			✓
							SEMOULE	●	✓				✓												BACON DE BŒUF	●	✓			
							POMME	●	✓				✓												CEUFS DURS	●	✓			✓
							EMMENTALE	●	✓				✓												BROCILI	●	✓			
							POIVRONS MARINES	●	✓																CAROTTE	●	✓			
							CONCOMBRE	●	✓																CONCOMBRE	●	✓			
							SALADE	●	✓																SALADE	●	✓			
						TOMATE	●	✓																TOMATE CERISE	●	✓				
WESTERN	BOULETTE DE VIANDE	●	✓			✓	NAVARIN D'AGNEAU	●	✓			✓	CROQUE MONSIEUR	●	✓			✓	POULET ROTI	●	✓			✓	FILET DE POISSON BRAISE	●	✓			✓
	RIZ	●	✓			✓	PATE AU BEURRE	●	✓			✓	POMME DE TERRE SAUTEE	●	✓			✓	Frites	●	✓			✓	SEMOULE	●	✓			✓
	RATATOUILLE	●	✓			✓	HARICOTS VERT SAUTE	●	✓			✓	WOK DE LEGUMES	●	✓			✓	LEGUMES VERTS	●	✓			✓	CHOU BRAISE	●	✓			✓
ASIAN		●	✓			✓																			NASI LEMAK	●	✓			✓
	FRIED BEEHOON	●	✓			✓	WHITE RICE	●	✓			✓	HAINAN CHICKEN RICE	●	✓			✓	BEEF RENDANG	●	✓			✓	EGG SAMBAL	●	✓			✓
	SWEET SOUR FISH BEAN SPROUT & SAWI	●	✓			✓	AYAM MASAK LEMAK WHITE MUSTARD	●	✓			✓	ROASTED CHICKEN SAUTEED VEGE	●	✓			✓	SAUTEED CABBAGE	●	✓			✓	VEGETABLE	●	✓			✓
DAIRY		●	✓			✓	FROMAGE	●	✓			✓	FROMAGE	●	✓			✓	EMMENTALE	●	✓			✓	YAOURT AUX FRUITS	●	✓			✓
FRUIT	POMME						YAOURT A LA VANILLE	●	✓			✓	YAOURT	●	✓			✓	PAPAYE	●	✓				BANANE	●	✓			
HOME MADE DESSERT	CAKE A LA BANANE	●	✓			✓																								

Information & Privilege:
All the food served are Halal
Menu may change according to food supply seasons
Delischool Healthy Food Guidelines
No added salt in cooking. All our food is MSG (monosodium glutamate) free
We reduce saturated fat, the sugar content and artificial coloring in our production
We bake, grill and steam rather than fry
Guaranteed nut-free, palm oil free, Glutamate and Ajinomoto free

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN
D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE

GREEN BEST CHOICE
AMBER CHOOSE CAREFULLY
RED LIMIT CONSUMPTION

