



Lycée Français de  
Kuala Lumpur  
**LFKL**  
Henri Fauconnier  
**LUNCH MENU**



	MONDAY	T	V	D	E	G	TUESDAY	T	V	D	E	G	WEDNESDAY	T	V	D	E	G	THURSDAY	T	V	D	E	G	FRIDAY	T	V	D	E	G
STARTER	CONCOMBRE A LA CREME	●	✓			✓	SALADE DE BETTERAVE	●	✓			✓	SALADE DU JOUR	●	✓			✓	SOUPE DE TOMATE ET POIVRON	●	✓			✓	PIZZA NAPOLIITAINE	●	✓			✓
							GRAINE DE TOURNESOL	●	✓																PATE	●	✓			✓
SALAD BAR							CAROTTE RAPEE	●	✓																OLIVE NOIR	●	✓			✓
							POULET	●	✓																PASTEGUE	●	✓			✓
							SEMOULE	●	✓		✓														BACON DE BŒUF	●	✓			✓
							POMME	●	✓																CEUFS DURS	●	✓			✓
							EMMENTALE	●	✓		✓														BROCOLI	●	✓			✓
							POIVRONS MARINEES	●	✓																CAROTTE	●	✓			✓
							CONCOMBRE	●	✓																CONCOMBRE	●	✓			✓
							SALADE	●	✓																SALADE	●	✓			✓
							TOMATE	●	✓																TOMATE CERISE	●	✓			✓
WESTERN	SAUCISSE DE POULET	●		✓	✓	✓	AGNEAU CONFIT	●		✓		✓	KEBAB	●		✓		✓	POULET ROTI	●		✓	✓	✓	BEIGNET DE POISSON	●		✓	✓	✓
	PUREE DE POMME DE TERRE	●	✓			✓	PATE AU BEURRE	●	✓		✓	✓	POMME VAPEUR	●	✓		✓	✓	FRITES	●	✓		✓	✓	RIZ A LA TOMATE	●	✓		✓	✓
ASIAN	PIPERADE	●	✓			✓	LEGUMES VERT	●	✓		✓	✓	LEGUMES	●	✓		✓	✓	WOK DE LEGUMES	●	✓		✓	✓	COURGETTES SAUTEES	●	✓		✓	✓
	FRIED BEEHOON	●	✓		✓	✓	WHITE RICE	●	✓		✓	✓	HAINAN CHICKEN RICE	●	✓		✓	✓	NASI LEMAK	●	✓		✓	✓	THAI FRIED NOODLE	●	✓		✓	✓
DAIRY	SWEET SOUR FISH	●		✓	✓	✓	AYAM MASAK LEMAK	●		✓		✓	ROASTED CHICKEN	●		✓	✓	✓	BEEF RENDANG	●		✓	✓	✓	EGG SAMBAL	●	✓		✓	✓
	BEAN SPROUT & SAWI	●	✓				WHITE MUSTARD	●	✓				SAUTEED VEGE	●	✓				SAUTEED CABBAGE	●	✓				VEGETABLE	●	✓			✓
FRUIT	GOUDA	●	✓			✓	YAOURT AUX FRUITS	●	✓		✓		FROMAGE	●	✓		✓	✓	EMMENTALE	●	✓		✓	✓	YAOURT AUX FRUITS	●	✓		✓	✓
							PAPAYE	●	✓		✓	✓	YOGURT	●	✓		✓	✓	MELON	●		✓			ANANAS	●	✓			✓
HOME MADE DESSERT	CAKE MARBRE	●	✓		✓	✓																								

**Information & Privilege:**

All the food served are Halal

Menu may change according to food supply seasons

**Delischool Healthy Food Guidelines**

No added salt in cooking. All our food is MSG (monosodium glutamate) free

We reduce saturated fat, the sugar content and artificial coloring in our production

We bake, grill and steam rather than fry

Guaranteed nut-free, palm oil free, Glutamate and Ajinomoto free

T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN

D: DAIRY FREE

E: EGG FREE

G: GLUTEN FREE

