



	MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G
STARTER	SALADE DE BETTERAVE ● ✓					SALADE PARISIENNE ● ✓ ✓										PIZZA NAPOLITAINE ● ✓ ✓ ✓					SALADE DE MAIS ET TOMATE ● ✓ ✓ ✓				
SALAD BAR																									
WESTERN	NUGGETS DE POULET ● ✓ ✓ ✓					NAVARRIN D AGNEAU ● ✓ ✓										HACHIS PARMENTIER ● ✓ ✓ ✓					POISSON PANE ● ✓ ✓ ✓				
	PATES AU BEURRE ● ✓ ✓					WEDGES ● ✓ ✓ ✓										AUBERGINE CONFITE ● ✓ ✓					RIZ PILAF ● ✓ ✓ ✓				
						LEGUMES SAUTES ● ✓ ✓															PIPERADE ● ✓ ✓				
ASIAN	SQUID TUMERIC ● ✓ ✓ ✓					CHICKEN NANDY ● ✓ ✓										GINGER FISH ● ✓ ✓ ✓					EGGS SAMBAL ● ✓ ✓ ✓				
	FRIED MEE MAMAK ● ✓ ✓ ✓					NASI ARAB ● ✓ ✓ ✓										BUTTER RICE ● ✓ ✓ ✓					FRIED KUEY TEOW ● ✓ ✓ ✓				
	WHITE MUSTARD WITH CARROT ● ✓ ✓															PUMPKIN ● ✓					LONG BEAN ● ✓ ✓				
DAIRY	EDAM ● ✓ ✓					YAOURT A LA PECHE ● ✓ ✓										FROMAGE ● ✓ ✓ ✓					GOUDA ● ✓ ✓ ✓				
FRUIT						PAPAYE ● ✓										PASTEQUE ● ✓									
HOME MADE DESSERT	CAKE A LA BANANE ● ✓ ✓ ✓ ✓																				PATISSERIE A LA VANILLE ● ✓ ✓ ✓ ✓				

Information & Privilege:
 All the food served are Halal
 Menu may change according to food supply seasons

Delischool Healthy Food Guidelines
 No added salt in cooking. All our food is MSG (monosodium glutamate) free
 We reduce saturated fat, the sugar content and artificial coloring in our production
 We bake, grill and steam rather than fry
 Guaranteed nut-free, palm oil free, Glutamate and Ajinomoto free

T: TRAFFIC LIGHT SYSTEM
 V: VEGETARIAN
 D: DAIRY FREE
 E: EGG FREE
 G: GLUTEN FREE

GREEN

BEST CHOICE

AMBER

CHOOSE CAREFULLY

RED

LIMIT CONSUMPTION

