26th to 30th SEPTEMBER 2022



FISFHLESS MEATLESS DAY ON FRIDAY

Menu de la semaine

SPECIAL MEXICAN

	Delis chool	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	STARTER	Corn Salad or or cheese salad with croutons	Garden Salad or potato soup	Egg Mimosa	French Beans Salad or Smoked duck salad	Potato Salad or vegetables terrine
	SANDWICH	Panini with marinated chicken breast or mini croque monsieur or vegetarian panini	"bagnat" bread or turkish bread with beef bacon and cheese or vegetarian turkish bread		Ciabatta with beef and condiments or panini with chorizo,olive and tomato or vegetarian ciabatta	Wrap with boiled egg cucumber and mozarella cheese or vegetarian sandwhich club
	WESTERN	Chicken a la Bordelaise - Garlic Rice - Sauteed Vegetables	Grilled Salmon - Creamy Spinach - Gratin Dauphinois	Chicken cordon blue - Sauteed green peas - Braised mushrooms	Beef Burgers - Chips - Baked mixed vegetables	Mushrooms, Tomatoes, Carrots & Onions Vegetarian Bolognese
	ASIAN	Sweet sour Chicken - White rice - Sauteed cabbage	Steamed fish in Soy Sauce - White Rice - Sauteed Vegetables		Hainanese Chicken Rice - Baby Kaylan	Vegetarian Chow Mein - Sauteed mixed vegetables
	DAIRY	Cheese plate	Creamy cheese	Cheese plate	Edam cheese	Plain yogurt
	FRUIT & DESSERT	Fruit of the day or Lemon cake	Honey Due	Assortment of fruits	Pineapple	Fruit of the dqy