



Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
	lundi 27 novembre 2023	mardi 28 novembre 2023	mercredi 29 novembre 2023	jeudi 30 novembre 2023	
Starter	Chefs Salad	Cauliflower Soup	Pasta Salad	Green Peas Soup	
Sandwich	Jerk Chicken & Yoghurt Sauce Sandwich	Chicken Kefta & Pita		IndianTika Sub	
Western	Baked Chicken Milanese	French Chicken Stew	Grilled Chicken with Pan Gravy	Baked Fish with Tomato Capsicum Salsa	
	Sauteed French Beans	Grilled Zucchini	Sauteed Broccoli & Capsicum	Steamed Cauliflower with Carrot	
	Roasted Potatoes	Baked Potato	Roasted Sweet Potato	Boiled Potato	
Asian	Chicken Katsu	Mango Thai Fish		Indian Butter Chicken	
	Japanese Vegetable Curry	Sauteed Spinach with Oyster and Garlic		Fried Turmeric Cabbage	
	Japanese Rice	Jasmine Rice		Spiced Rice	
Vegetarian	Stir-fried Mock Meat & Hard Tofu	Eggplant Chickpeas Stew	Vegetarian Burger	Tofu and Lentil Curry	
Dairy	Fruits Yogurt	Cream Cheese	Plain Yogurt	Emmenthal	
Fruit & Dessert	Orange	Chocolate Brownie	Dragon Fruits	Watermelon	
* Cezars Kitchen do not use artificial coloring in our food. * All our food is approved by certified nutritionists.			* Cezars Kitchen recipes/dishes do not use pork or alcohol. * Cezars Kitchen does not use MSG. * Cezars Kitchen serve only Halal Food		