

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Fatoush Salad	Potage Parmentier (Potato Leek Soup)	Fruit Salad	Carrot Soup	Potato & Beans Salad
Sandwich	Meatball Sub	Chicken Karage Sandwich		Tandoori Panini	BMT Sub
Western	Homemade Moroccan Meatball with Mint Yogurt	Fish Goujons	Chicken Cordon Bleu	Lamb Navarin	Crispy Chicken with Garlic Cream Sauce
	Buttered Broccoli & Green Beans	Broccoli & Beans	Roasted Zucchini	Roasted Carrot, Capsicum & Eggplant	Beans, Carrot Cauliflower Stew
	Pita Bread	Fries	Sweet Potato Mashed	Green Peas Pilaf Rice	Penne
Asian	Baked Chinese Barbecue Chicken	Chicken Karage with Teriyaki Sauce		Tandoori Chicken	Asian Fried Crispy Fish
	Sauteed Beansprouts	Sauteed Spinach		Sauteed Tumeric Cabbage	Stirfried Kailan
	Chicken Rice	Japanese Fried Rice		Biryani Rice	Chinese Fried Noodles
Vegetarian	Vegetarian Bolognese	Chickpeas & Tofu with Teriyaki Sauce	Vegetarian Pie	Chickpeas & Tofu Stew	Tofu Beans Stew
Dairy	Gouda	Fruit Yogurt	Plain Yogurt	Cammembert	Fruit Yogurt
Fruit & Dessert	Ananas fraîche (Pineapple)	Red Apples	Watermelon	Gâteau à la carotte (Carrot Cake)	Dragon Fruit

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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Soupe aux Champignons (Mushroom Soup)	Cucumber & Corn Salad	HOLIDAYS	HOLIDAYS	HOLIDAYS
Sandwich	Chicken Wrap	Steak Cheese Sandwich	HOLIDAYS	HOLIDAYS	HOLIDAYS
Western	Chicken Barbecue Pizza	Hachis Parmentier (French Beef Pie)	HOLIDAYS	HOLIDAYS	HOLIDAYS
	Capsicum & Onion	Chou-fleur sauté (Sauteed Cauliflower)	HOLIDAYS	HOLIDAYS	HOLIDAYS
	Garlic Bread	Parsley Penne Pesto	HOLIDAYS	HOLIDAYS	HOLIDAYS
Asian	Salted Egg Fish	Malabar Chicken Curry	HOLIDAYS	HOLIDAYS	HOLIDAYS
	Sauteed Pak choy	Eggplant, Carrot & Dhall	HOLIDAYS	HOLIDAYS	HOLIDAYS
	Chinese Fried Rice	Bryani Rice	HOLIDAYS	HOLIDAYS	HOLIDAYS
Vegetarian	Vegetable Pizza	Tofu, Chickpeas & Eggplant Curry	HOLIDAYS	HOLIDAYS	HOLIDAYS
Dairy	Brie	Fruit Yoghurt	HOLIDAYS	HOLIDAYS	HOLIDAYS
Fruit & Dessert	Oranges	Crème caramel	HOLIDAYS	HOLIDAYS	HOLIDAYS

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Starter	Cauliflower Soup	Chef Salad	Roasted Pumpkin Salad	Potage à la Florentine (Cream of Spinach Soup)	Cucumber Salad
Sandwich	Chicken Parmagiana Sub	Katsu Sub		Hero Baguette	Tuna Croissant
Western	Chicken Parmagiana	Fish Florentina	Chicken Tarragon Cream Sauce	Chicken Fricassee	Cajun Fish with Tomato Salsa
	Roasted Herb Zucchini	Garlic French Beans	Roasted Delicata Pumpkin	Roasted Herb Zucchini	Garlic Cauliflower & Carrot
	Spaghetti Napolitan	Roasted Sweet Potato	Parsley Pesto Penne	Spaghetti	Beans Pillaf Rice
Asian	Crispy Ginger Soy Fish	Chicken Katsu		Crispy Ginger Soy Fish	Chicken Kuzi
	Sauted Kai Lan	Garlic Oyster Napa Cabbage		Garlic Oyster Kai Lan	Acar Jelatah
	Fried Kueh Teow	Japanese Fried Rice		Fried Yellow Mee	Ghee Rice
Vegetarian	Stir Fried Vegetarian Mock Meat And Tofu & Spring Onion	Stir Fried Vegetarian Mock Meat And Tofu & Spring Onion	Chickpeas & Broccoli Gratin	Stir Fried Vegetarian Mock Meat And Tofu & Spring Onion	Stir Fried Mushroom With Tofu
Dairy	Edam	Fruit Yogurt	Plain Yogurt	Emanthel	Fruit Yogurt
Fruit & Dessert	Sun Melon	Brie	Honey Dew	Red Apple	Parisan Flan

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Starter	Soup de Lentilles	Greenpeas Soup	Chef Salad	Borscht à la Française	Mushrooms Quiche
Sandwich	Chicken Hummus Baguette	BBQ Sub		Korean Chicken Sandwich	Crouque Monsuer
Western	Morrocan Chicken	Poulet à la Moutarde (Creamy French Chicken Stew)	Thyme de poulet (Roasted Lemon Thyme Chicken)	Fish Meunière	Hulk Favourite Burger
	Honey Pumkin & Carrot	Sauteed Zucchini	Buttred Green Beans & Carrot	Garden Salad	Wonder Woman Sauteed Mushrooms
	Cumin Lemon Pillaf Rice	Roasted Thyme Potatoes	Purée de Pomme de terre (Mashed Potato)	Mac & Cheese	Ironman Lover Potato Fries
Asian	Thai Mango Fish	Sweet & Sour Fish		Fried Korean Chicken	Thai Honey Chicken
	Salted Fish Cabbage	Poach Cabbage With Soy & Garlic		Okra Fritee	Stirfried Pak Choy with Carrot
	Pineapple Fried Rice	Jasmine Rice		Korean Garlic Fried Rice	Steamed Rice
Vegetarian	Tofu & Chickpeas Morrocan Stew	Tofu Sweet & Sour	Tofu & Mushroom Pie	Tofu Sweet & Sour	Vegetarian Tofu Masala
Dairy	Camembert	Edam	Plain Yogurt	Gouda	Fruit Yogurt
Fruit & Dessert	Oranges	Bread Butter Pudding	Green Apple	Creme Ceramel	Marvel Marble Cake

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Starter	HOLIDAYS	HOLIDAYS			
Sandwich	HOLIDAYS	HOLIDAYS			
Western	HOLIDAYS	HOLIDAYS			
	HOLIDAYS	HOLIDAYS			
	HOLIDAYS	HOLIDAYS			
Asian	HOLIDAYS	HOLIDAYS			
	HOLIDAYS	HOLIDAYS			
	HOLIDAYS	HOLIDAYS			
Vegetarian	HOLIDAYS	HOLIDAYS			
Dairy	HOLIDAYS	HOLIDAYS			
Fruit & Dessert	HOLIDAYS	HOLIDAYS			

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