

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Potato & Bean Salad	Potato & Bean Salad	Cucumber Salad	Olive & Corn Salad	Potage Parmentier (Potato Leek Soup)
Sandwich	BMT (Biggest, Meatiest, Tastiest)	Tandoori Panini		Hero Baguette	Chicken Teriyaki Sub
Western	Chicken Fricasse	Baked Fish with Tomato Salsa	Roasted Mustard Chicken	Crispy Chicken with Garlic Cream Sauce	Fish Goujons
	Steamed Broccoli	Roasted Carrot, Capsicum & Eggplant	Grilled Zucchini	Beans, Carrot Cauliflower Stew	Sautéed Broccoli & Cherry Tomato
	Plain Penne	Pilaf Rice w. Green Peas	Mashed Sweet Potato	Spiral Pasta	Fries
Asian	Fish Kam Heong	Tandoori Chicken & Mint Chutney		(Ayam Berempah) Fried Crispy Chicken	Chicken Karage with Teriyaki Sauce
	Garlic Nai Pak Choy	Sauteed Turmeric Cabbage		Cucumber & Anchovies	Oyster Tofu Spinach
	Jasmine Rice	Biryani Rice		Nasi Lemak Kukus	Japanese Fried Rice
Vegetarian	Mushroom & Soy Cream Stew	Chickpeas & Tofu Tomato Stew	Vegetarian Pie	Tofu Beans Stew	Chickpeas & Tofu with Teriyaki Sauce
Dairy	Plain Yogurt	Camembert	Plain Yogurt	Gouda	Fruits Yogurt
	Oranges		Dragon Fruit	Brownies	Pineapple

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Starter	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
Sandwich	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
Western	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
Asian	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
Vegetarian	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
Dairy	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS

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 prepared by certified nutritionists.
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 do not use MSG.
 only Halal Food

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Dairy	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS
Fruit & Dessert	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS	SCHOOL HOLIDAYS

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